



GOOD SHEPHERD MEDICAL CENTER – MARSHALL, TEXAS
MAJOR POSTOP ORDERS – MARSHALL ORTHOPAEDICS

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1. Admit to PACU; discharge after criteriae are met; O₂ [humidified oxygen] per protocol
2. Activity:
3. Diet:
4. Vital signs hourly x 6 hours, then q2h x 4, then routine
5. IV - -convert to saline lock when taking po fluids
6. Neurovascular checks to operated extremity with vital signs
7. Physical therapy consult – start tomorrow on operated lower extremity.
8. X ray: in PACU
9. Ice pack to surgical wound 15 minutes hourly prn discomfort
10. Bedside incentive spirometer 10 minutes each hour while awake
11. Place foley cath if unable to void; give Gentamicin 80 mg ivpb prior to insertion
12. Lab:
13. If patient smokes, apply Nicotine patch 14 mg daily
14. Sequential compression device to:
15. Elevate:
16. prn nausea / vomiting
- 17. OK TO RENEW MEDICATIONS AS THEY EXPIRE**

PATIENT NAME:

date / time



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- 18. Pain protocol:
- 19. IM prn mild pain:
- 20. IM prn moderate pain:
- 21. IVP prn SEVERE pain:
- 22. PO prn mild pain:
 PO prn moderate pain:
- 23. Tylenol po q4h prn headache or temperature > 100° degrees Fahrenheit
- 24. PO prn sleep at bed time:
- 25. Antibiotic: q x then stop
- 26. Benadryl po TID prn itching
- 27. Milk of magnesia 30 mL po daily prn constipation; if no relief, ok for Dulcolax supp one per rectum daily prn, or fleet enema one daily per rectum prn
- 28. Cepacol lozenges prn sore throat
- 29. Overhead frame and trapeze
- 30. See additional sheet?:
- 31. Knee immobilizer to knee(s)
- 32. Reinforce dressing prn
- 33. Sling for upper extremity for use when out of bed
- 34. Maalox 2 tab or 30 mL po q2h prn indigestion or heartburn.

PATIENT NAME:

date / time